



PSHE Curriculum Overview Even/Odd



	AUTUMN		SPRING		SUMMER	
EYFS Reception units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> All about me What makes me special? Me and my special people Who can help me? My feelings My feelings (2) NOS – Online Relationships EYFS 	<ul style="list-style-type: none"> I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend NOS – Online Bullying EYFS 	<ul style="list-style-type: none"> What's safe to go into my body Keeping myself safe Safe indoors and outdoors Listening to my feelings People who help to keep me safe NOS – Online Reputation EYFS 	<ul style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1) Looking after money (2) 	<ul style="list-style-type: none"> Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep 	<ul style="list-style-type: none"> Seasons Life stages – plants, animals, humans Life stages: Human life stage – who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys
Key Stage 1 Year 1 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends NOS – Online Relationships Y1 	<ul style="list-style-type: none"> Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons NOS – Online Bullying Y1 	<ul style="list-style-type: none"> Super sleep Who can help? (1) Good or bad touches? NOS – Online Reputation Y1 What could Harold do? Harold loses Geoffrey 	<ul style="list-style-type: none"> Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid 	<ul style="list-style-type: none"> I can eat a rainbow Eat well Harold's wash and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! 	<ul style="list-style-type: none"> Healthy me Then and now Taking care of a baby Who can help? (2) Surprises and secrets Keeping privates private

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Lower Key Stage 2 Year 3 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> ▪ As a rule ▪ Looking after our special people ▪ How can we solve this problem? ▪ Friends are special ▪ Thunks ▪ Dan's dare ▪ NOS – Online Relationships Y3 	<ul style="list-style-type: none"> ▪ Respect and challenge ▪ Family and friends ▪ My community ▪ Our friends and neighbours ▪ Let's celebrate our differences ▪ Zeb ▪ NOS – Online Bullying Y3 	<ul style="list-style-type: none"> ▪ Safe or unsafe? ▪ Danger or risk? ▪ The risk robot ▪ NOS – Online Reputation Y3 ▪ Help or harm? ▪ Alcohol and cigarettes: the facts 	<ul style="list-style-type: none"> ▪ Helping each other to stay safe ▪ Recount task ▪ Our helpful volunteers ▪ Can Harold afford it? ▪ Earning money ▪ Harold's environment project 	<ul style="list-style-type: none"> ▪ Derek cooks dinner! (healthy eating) ▪ Poorly Harold ▪ Body team work ▪ For or against? ▪ I am fantastic! ▪ Top talents 	<ul style="list-style-type: none"> ▪ Relationship tree ▪ Body space ▪ None of your business! ▪ Secret or surprise? ▪ My changing body ▪ Basic first aid
Upper Key Stage 2 Year 5 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> ▪ Collaboration Challenge! ▪ Give and take ▪ How good a friend are you? ▪ Relationship cake recipe ▪ Our emotional needs ▪ Being assertive ▪ NOS – Online Relationships Y5 	<ul style="list-style-type: none"> ▪ Qualities of friendship ▪ Kind conversations ▪ Happy being me ▪ The land of the Red People ▪ Is it true? ▪ Stop, start, stereotypes ▪ NOS – Online Bullying Y5 	<ul style="list-style-type: none"> ▪ Spot bullying ▪ NOS – Online Reputation Y5 ▪ Decision dilemmas ▪ Ella's diary dilemma ▪ Vaping: healthy or unhealthy? ▪ Would you risk it? 	<ul style="list-style-type: none"> ▪ What's the story? ▪ Fact or opinion? ▪ Mo makes a difference ▪ Rights, respect and duties ▪ Spending wisely ▪ Lend us a fiver! 	<ul style="list-style-type: none"> ▪ It all adds up! ▪ Different skills ▪ My school community ▪ Independence and responsibility ▪ Star qualities? ▪ Basic first aid, including Sepsis Awareness 	<ul style="list-style-type: none"> ▪ How are they feeling? ▪ Taking notice of our feelings ▪ Dear Ash ▪ Growing up and changing bodies ▪ Changing bodies and feelings ▪ Help! I'm a teenager – get me out of here!

NB. Growing and Changing units in LKS2 and UKS2 are taught in correct year groups to ensure that content is age appropriate.