



PSHE Curriculum Overview Odd/Even



	AUTUMN		SPRING		SUMMER	
EYFS Reception units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> All about me What makes me special? Me and my special people Who can help me? My feelings My feelings (2) NOS – Online Relationships EYFS 	<ul style="list-style-type: none"> I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend NOS – Online Bullying EYFS 	<ul style="list-style-type: none"> What's safe to go into my body Keeping myself safe Safe indoors and outdoors Listening to my feelings People who help to keep me safe NOS – Online Reputation EYFS 	<ul style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1) Looking after money (2) 	<ul style="list-style-type: none"> Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep 	<ul style="list-style-type: none"> Seasons Life stages – plants, animals, humans Life stages: Human life stage – who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys
Key Stage 1 Year 2 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> Our ideal classroom How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! NOS – Online Relationships Y2 	<ul style="list-style-type: none"> What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem NOS – Online Bullying Y2 	<ul style="list-style-type: none"> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? 	<ul style="list-style-type: none"> Getting on with others When I feel like erupting Feeling safe NOS – Online Reputation Y2 Harold saves for something special How can we look after our environment? 	<ul style="list-style-type: none"> You can do it! My day Harold's postcard – helping us to keep clean and healthy Harold's bathroom What does my body do? Basic first aid 	<ul style="list-style-type: none"> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept

	AUTUMN		SPRING		SUMMER	
Lower Key Stage 2 Year 4 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> ▪ Human machines ▪ OK or not OK? (1) ▪ OK or not OK? (2) ▪ An email from Harold! ▪ Different feelings ▪ Under pressure ▪ NOS – Online Relationships Y4 	<ul style="list-style-type: none"> ▪ Can you sort it? ▪ What would I do? ▪ The people we share our world with ▪ That is such a stereotype! ▪ Friend or acquaintance? ▪ Islands ▪ NOS – Online Bullying Y4 	<ul style="list-style-type: none"> ▪ Danger, risk or hazard? ▪ How dare you! ▪ Keeping ourselves safe ▪ Raisin challenge ▪ NOS – Online Reputation Y4 ▪ Medicines: check the label 	<ul style="list-style-type: none"> ▪ Who helps us stay healthy and safe? ▪ It's your right ▪ How do we make a difference? ▪ In the news! ▪ Safety in numbers ▪ Why pay taxes? 	<ul style="list-style-type: none"> ▪ What makes me, ME! ▪ Making choices ▪ SCARF hotel ▪ Harold's Seven Rs ▪ My school community ▪ Basic first aid 	<ul style="list-style-type: none"> ▪ Moving house ▪ My feelings are all over the place! ▪ All change! ▪ Preparing for changes at puberty ▪ Secret or surprise? ▪ Together
Upper Key Stage 2 Year 6 units	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
	<ul style="list-style-type: none"> ▪ Working together ▪ Solve the friendship problem ▪ Behave yourself ▪ Assertiveness skills ▪ Don't force me ▪ Acting appropriately ▪ NOS – Online Relationships Y6 	<ul style="list-style-type: none"> ▪ OK to be different ▪ We have more in common than not ▪ Respecting differences ▪ Tolerance and respect for others ▪ Advertising friendships! ▪ Boys will be boys? – challenging gender stereotypes ▪ NOS – Online Bullying Y6 	<ul style="list-style-type: none"> ▪ Think before you click! ▪ To share or not to share? ▪ Rat Park ▪ What sort of drug is...? ▪ Drugs: it's the law! ▪ Alcohol: what is normal? 	<ul style="list-style-type: none"> ▪ Two sides to every story ▪ NOS – Online Reputation Y6 ▪ What's it worth? ▪ Happy shoppers – caring for the environment ▪ Democracy in Britain (1) – Elections ▪ Democracy in Britain (2) – How (most) laws are made 	<ul style="list-style-type: none"> ▪ This will be your life! ▪ Our recommendations ▪ What's the risk? (1) ▪ What's the risk? (2) ▪ Basic first aid, including Sepsis Awareness ▪ Five Ways to Wellbeing project 	<ul style="list-style-type: none"> ▪ I look great! ▪ Media manipulation ▪ Pressure online ▪ Helpful or unhelpful? Managing change ▪ Is this normal? ▪ Making babies

NB. Growing and Changing units in LKS2 and UKS2 are taught in correct year groups to ensure that content is age appropriate.